

HORSES R COOL

RIDING SCHOOL LTD.



SUMMER HORSE SENSE PROGRAM

at

GRIFFIN VALLEY RANCH

Box 1445, Cochrane, AB T4C 1B4

www.horsesrcool.com

Phone: 403-932-5323

Dear Friend:

Horses R Cool Riding School Ltd. would like to invite you to Griffin Valley Ranch for another exciting summer of horseback riding. Please register online at www.horsesrcool.com.

CAMP SESSION DATES & FEES – 2010

Sessions 1-8 Monday to Friday **HORSE SENSE** Day Camps for ages 8 - Adult.
 Sessions 1A-8A Tuesday to Wednesday **PONY POWER** Pony Camps for ages 6-7.
 Sessions 1B-8B Wednesday to Thursday **PONY POWER** Pony Camps for ages 6-7.
 Residential Camp **COOL School** for Leaders in Training ages 13 and up.

Session 1	June 28 - July 2	Session 1A	June 29 - 30	Session 1B	June 30 - July 1
Session 2	July 5 - 9	Session 2A	July 6 - 7	Session 2B	July 7 - 8
Session 3	July 12 - 16	Session 3A	July 13 - 14	Session 3B	July 14 - 15
Session 4	July 19 - 23	Session 4A	July 20 - 21	Session 4B	July 21 - 22
Session 5	July 26 - 30	Session 5A	July 27 - 28	Session 5B	July 28 - 29
Session 6	Aug. 2 - 6	Session 6A	Aug. 3 - 4	Session 6B	Aug. 4 - 5
Session 7	Aug. 9 - 13	Session 7A	Aug. 10 - 11	Session 7B	Aug. 11 - 12
Session 8	Aug. 16 - 20	Session 8A	Aug. 17 - 18	Session 8B	Aug. 18 - 19

COOL School Session Sunday July 25 - Friday July 30

PICK-UP POINTS AND TIMES

Northeast	Coast Plaza Hotel 1316 - 33 Street N.E.	Leave	8:00 a.m.
		Return	4:30 p.m.
Northwest	Foothills Swimming Pool University Dr. & 24th Avenue N.W.	Leave	8:30 a.m.
		Return	4:00 p.m.
North	Bearspaw Gas Station Highway 1A	Leave	9:00 a.m.
		Return	3:40 p.m.
Southeast	Fish Creek Library 11161 Bonaventure Dr. S.E.	Leave	8:00 a.m.
		Return	4:30 p.m.
Southwest	Mt. Royal College Richardson Way at Richardson Road S.W. Mt. Royal College Recreation Receiving Entrance	Leave	8:30 a.m.
		Return	4:00 p.m.
South	Cochrane Mitford Park (Skateboard Park) (across from Smitty's Cochrane) West Rock Road	Leave	9:00 a.m.
		Return	3:30 p.m.

PLEASE BE ON TIME FOR THE BUS OR IF THE PARTICIPANT CANNOT ATTEND THAT DAY, PLEASE PHONE 403-932-5323 or 403-813-9620 BY 8:00 A.M. CERTIFIED RIDING HELMETS MUST BE WORN AND ARE PROVIDED FOR ALL PARTICIPANTS AT NO EXTRA CHARGE.

FEES FOR 2010

HORSE SENSE - \$500.00 plus GST per session. **NOTE!!** (Qualifies for Child Fitness Tax Credit)

PONY POWER - \$200.00 plus GST per session

COOL SCHOOL - \$700.00 plus GST per session. **NOTE!!** (Qualifies for Child Fitness Tax Credit)

FAMILY and / or MULTIPLE SESSION RATE is a \$25.00 discount for each additional registration after the first registration at full price. Family is defined as immediate family members. VISA, Mastercard, cash, money order or cheque payable to **HORSES R COOL RIDING SCHOOL LTD.** accepted as payment. (Box 1445, Cochrane, Alberta T4C 1B4)

Every Friday is parents' day. Starting at 1:00 pm campers present a Grand Parade and participate in games and races on horseback followed by an awards ceremony. The afternoon closes at 3:00 pm.

A FAMILY RIDE is offered starting at 3:30 pm. Further details available at start of camp week.

WHAT TO WEAR AND BRING

- Jeans, T-Shirt or long sleeved shirt
- Warm sweater and/or jacket
- Shoes with a good heel, cowboy boots or runners
- **NO HIKING BOOTS OR LACED BOOTS**
- Rubber boots and rain coats for rainy days
- **PLEASE label all clothing and personal items**
- LUNCH - Bring your own or purchase at the Griffin Valley Restaurant. LUNCH PROGRAM is also available. Go to www.griffinvalleyranch.ca and click on Restaurant to print Lunch form.
- **NOTE: Ponies & horses love carrots & apples as a treat!**



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Phone: 403-932-5323

E-mail: poniesrule2003@yahoo.ca

www.griffinvalleyranch.ca

www.horsesrcool.com **REGISTER ONLINE!**

Welcome to the Summer Horse Sense Program at Griffin Valley Ranch. We offer a fun-filled week long adventure on horseback for horse enthusiasts from eight years old to eighty years old, every week during July and August. We also offer a 2-day Pony Camp for children 6 and 7 years of age. The participants are bused to and from Calgary every day. There is a pick-up and drop-off point in each quadrant of the city as well as Bears paw Service Station and Mitford Park in Cochrane. You may choose your own transportation, but please note registration fees will not be adjusted. ****NEW!**** Reminder that Horse Sense Program and COOL School qualify for the Child Fitness Tax Credit.

On the first day of camp participants are assigned to a group based on their age, size and ability. There are four assigned groupings ranging from the beginner to the advanced rider. Each weekly session focuses on safety, basic riding skills and the important aspects of caring for a horse and its equipment.

Participants spend the majority of the day directly with the horses. Daily activities include a combination of arena exercises, games on horseback, riding drills, ground activities, gymkhana races and of course trail riding on our beautiful 4,500 acres.

Each camp day has a specific focus or new adventure and by the end of the week participants should be able to ride with confidence, control and balance for their level.

If the weather is inclement all activities move inside into our indoor arena or our lecture hall. A highlight of working with a live animal is the bond that develops between horse and rider. Participants have the opportunity to feed treats such as carrots or apples (provided from home). As part of the camp fee each participant will also receive a 5 x 7 professional color photo posing with their horse. Family photos may also be taken on Friday during and after the show. Friday is a highlight as parents and guests are invited to come for lunch (available at the Griffin Valley Restaurant / Snack Bar or enjoy your own picnic lunch on the grounds). The Grand Parade and Gymkhana start at 1 pm and finish with an awards ceremony. All formal activities are wrapped up by 3 pm.

Our goal is to provide a SAFE, FUN and EDUCATIONAL horse experience for persons of all ages. We encourage your questions or concerns at any time. HORSES R COOL RIDING SCHOOL LTD. also offers individual and small group lessons to all ages. ****NEW!**** Horsemanship clinics also offered on weekends in May and June. Full details available on website. Contact Diane at 403-932-5323 or 403-813-9620 for further information or questions.

In closing, we hope you take this opportunity to experience our Ranch and enjoy the beauty of the Alberta foothills. Please visit www.horsesrcool.com for further information and online registration.

Happy Trails!

